## Calhoun County Schools

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## Middle School Lunch May 2024

Apr 8, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	10000,	Wed - 5/1/2024	Thu - 5/2/2024	Fri - 5/3/2024
		Mexican Skillet Black Beans Buttery Corn Tortilla Chips Fruit 1% Milk Chocolate Milk	Lasagna Roll Steamed Broccoli Breadstick Romaine Spinach Salad Diced Tomatoes Italian Dressing Fruit 1% Milk Chocolate Milk	Hot Deli Sub Sandwich California Vegetables Cool Ranch Doritos Chocolate Chip Cookie Fruit 1% Milk Chocolate Milk
Mon - 5/6/2024	Tue - 5/7/2024	Wed - 5/8/2024	Thu - 5/9/2024	Fri - 5/10/2024
Chicken Parmesan Spaghetti Noodles Steamed Broccoli Breadstick Chocolate Chip Cookie Fruit 1% Milk Chocolate Milk	Mini Corndog Bites Fries Green Beans Sugar Cookie Fruit 1% Milk Chocolate Milk	Chicken Quesadilla Spanish Rice Pinto Beans Romaine Tomato Salad Ranch Dressing Fruit 1% Milk Chocolate Milk	Buffalo Chicken Sandwich Tortilla Chips Carrot Sticks Celery Sticks Ranch Dressing Fruit 1% Milk Chocolate Milk	Pepperoni Pizza Doritos Buttery Corn Romaine Tomato Salad Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 5/13/2024	Tue - 5/14/2024	Wed - 5/15/2024	Thu - 5/16/2024	Fri - 5/17/2024
Cheeseburger Potato Wedges Lima Beans Sugar Cookie Fruit 1% Milk Chocolate Milk	Chicken Nuggets Mashed Potatoes Green Beans Roll Fruit 1% Milk Chocolate Milk	Chicken and Waffles Hashbrowns Tomatoes Fruit 1% Milk Chocolate Milk	Spaghetti Breadstick Mixed Vegetables Romaine Spinach Salad Ranch Dressing Fruit 1% Milk Chocolate Milk	Hot Wings Tortilla Chips Romaine Spinach Salad Celery Sticks Ranch Dressing Fruit 1% Milk Chocolate Milk
Mon - 5/20/2024	Tue - 5/21/2024	Wed - 5/22/2024	Thu - 5/23/2024	Fri - 5/24/2024
Grilled Cheese Baked Chips Carrot Sticks Celery Sticks Mini Rice Krispie Treat Ranch Dressing Fruit 1% Milk Chocolate Milk	Hot Deli Sub Sandwich California Vegetables Cool Ranch Doritos Chocolate Chip Cookie Fruit 1% Milk Chocolate Milk	Chicken Sandwich Corn Nuggets BBQ Baked Beans Carnival Cookie Ranch Dressing Fruit 1% Milk Chocolate Milk	Pepperoni Pizza Doritos Buttery Corn Romaine Tomato Salad Ranch Dressing Fruit 1% Milk Chocolate Milk	
Mon - 5/27/2024	Tue - 5/28/2024	Wed - 5/29/2024	Thu - 5/30/2024	Fri - 5/31/2024

Meals must have 1/2 cup fruit or vegetable. Menu is subject to change.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.